



# ROTARY ELEVATOR

January 6, 2009

January 6, 2009 Meeting Notes

<b>Greeter</b>	Bart Sheridan
<b>Invocation</b>	Jim Kennedy
<b>Music</b>	John Meyer
<b>Sgt. At Arms</b>	Todd McManus
<b>Minutes</b>	Bill Flaute
<b>Program</b>	J.O. Harner

**52/50** winner: Steve Stapleton.

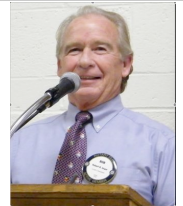
**Attendance** winner: Steve Stanek

**Announcements:**

- **January is canned food drive month.** Food pantries are really tapped out in the post-Holiday season, and need our help more than ever. Please remember to bring items that public assistance money can't be used buy, including paper goods, but not including cigarettes or whiskey.
- **Rotary Board Meeting** is Friday morning at 8:00 p.m.
- **Membership Statements** went out this week. Please pay as promptly as possible, because it really helps out the club. Several members are in arrears for dues from 2008, and if you are in that situation please help us out with that as soon as possible. Rumors that the famous Gambino Bros. Account Agency has been contacted for their assistance with these accounts are probably false. Probably.
- **Caring Place Dinner is Thursday February 19<sup>th</sup>.** The club will be serving dinner from 5:30 to 8:00 at the First Lutheran Church (287 W. Main). Food for the dinner is being donated by Kroger's and our own Ron Geyer. This is a great opportunity for Service Above Self, so please contact Bill Flaute to sign up. We need 10 folks.
- **Rotary Results: \$5100 for the Salvation Army.** President Bob noted that Rotary raised about \$5100 for the Salvation Army by ringing bells at Kroger's. Thanks to everyone who made that possible.

**President Bob's Thought of the Week:**

Frustration is trying to find your glasses without your glasses.



**Sarge's Fines of Note.** Sarge Todd fined everyone named Steve because too many Steves won money this week. He also fined everyone who didn't bring in food for the pantry, so be ready for next week.



**Program: Bill Magnuson.**

Xenia resident and Button-Merchant Bill Magnuson shared stories of successes and failures he has experienced during his 44 years in Xenia, particularly stories of his remarkable success in building his button business during an extended illness, and his astonishing success in losing 120 pounds over 13 months together with his wife Kay, who lost 60 pounds over 8 months using the Nutrisystem method.



A number of club members who have known Bill for years didn't recognize him when he sat down to lunch: the change has been that great. Bill said that the change started when Kay told him that she wanted to lead an active life in retirement: she didn't want to be a 'fat old grandma.' Bill, whose weight had gone from 250lbs to 300lbs over the years, figured that Kay had stuck by him through 'thick and thicker', and agreed to go on the Nutrisystem diet program with her.

Together, their determination and success have drawn attention from the media, leading to appearances in commercials, ads, and websites as examples of folks who succeeded in losing weight and improving their health.

Bill noted that the improvements to his health have made the work worthwhile. His heart disease, diabetes, cholesterol, and waistline (from a 56 to a 36) have all changed for the better.

**Next Week's Program:** Marriage enrichment with Rex and Becky Robinson



**ROTARY CLUB OF XENIA, OHIO**

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**2008 – 2009**

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**The Four-Way Test**

In 1932, Rotarian Herbert J. Taylor created The Four-Way Test, a code of ethics adopted by Rotary 11 years later. The test, which has been translated into more than 100 languages, asks the following questions:

Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?